

GUARD THEIR Grins & Giggles



TAKE YOUR CHILD TO SEE THE
DENTIST EVERY SIX MONTHS.

TALK WITH YOUR DENTIST ABOUT DENTAL
SEALANTS TO PROTECT YOUR CHILD'S TEETH.



ENCOURAGE YOUR CHILD TO BRUSH THEIR TEETH
TWICE A DAY WITH A FLUORIDE TOOTHPASTE.

FLUORIDE IS NATURE'S WAY TO PREVENT TOOTH
DECAY. ASK YOUR DENTIST IF YOUR DRINKING
WATER CONTAINS FLUORIDE.



PROVIDE YOUR CHILD WITH HEALTHY FOODS AND
SNACKS INSTEAD OF SUGARY SNACKS OR DRINKS.

For more information on keeping your child's mouth healthy, visit the DHEC Oral
Health Division Web site. www.scdhec.gov/oralhealth

DHEC would like to thank EdVenture Children's Museum for their efforts in
promoting children's oral health. www.edventure.org

EdVenture  children's museum



South Carolina Department of Health
and Environmental Control

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